Great Lakes Zone YMCA Swimming Championships
March 16-18, 2012
C.T. Branin Natatorium
Canton, Ohio

Competition Pool Warm-up Schedule

Friday Night: **11-12, 13-14, 15 & Over**
3:30 p.m. – 5:00 p.m. Open
Pace Lanes and Sprint Lanes will be determined by the announcer.

A. M. Sessions: **13-14, 15 & Over**
7:00 a.m. – 7:30 a.m. SW Cluster, Kentucky, Indiana
7:30 a.m. – 8:00 a.m. Northeast, Northwest, Southeast Clusters
8:00 a.m. – 8:30 a.m. Michigan
Sprint lanes will be determined by the announcer.

P.M. Sessions **9-10, 11-12**
1:30 p.m. – 1:50 p.m. SW Cluster, Kentucky, Indiana
1:50 p.m. – 2:10 p.m. Northeast, Northwest, Southeast Clusters
2:10 p.m. – 2:30 p.m. Michigan
Sprint lanes will be determined by the announcer.

Building opens each day 15 minutes before the warm up begins.

Warm-Up/Warm-Down Pool

This pool will remain open for all swimmers from the start of the warm-up session through the end of the meet. All swimmers must enter feet first only from the shallow end.

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